

La Paz Trail of Tears Run • Schedule of Events
Submitted by: Adeline Crozier | Hualapai Tribal Administration

LA PAZ TRAIL OF TEARS RUN 2022

Camp Beale Springs, Arizona to Peach Springs, Arizona

April 21, 2022

Schedule

- Monday January 31, 2022 Art contest begins
- ♦ Tuesday February 15, 2022 Gathad Ganav story via Zoom
- ♦ Thursday March 17, 2022 Runner registration begins
- ♦ Monday March 25, 2022 Art submission deadline
- ♦ Friday April 1, 2022 Art winner selected
- ♦ Monday April 11, 2022 Runner registration ends
- ♦ Tuesday April 12, 2022 La Paz Story 6:00 PM at Multi, runners only and on KWLP for greater community
- ♦ Saturday April 16, 2022 Monument site visits Ehrenburg, AZ 5:30 AM Beale Springs, AZ 1:00 PM
- ♦ Tuesday April 19, 2022 Runner's check-in
- ♦ Thursday April 21, 2022 Run begins
 3:00 AM Runners meet at 66 Park to be transported
 5:00 AM Camp Beale Springs to Peach Springs



Contact: Martina Dawley, Director
Hualapai Department of Cultural Resources
(928) 769-2223
mdawley@hualapai-nsn.gov

PLANNING/INFO MEETING

Wednesday 04/06/2022

9-10 AM
AT THE
MULTI-PURPOSE BUILDING



Issue #07 Friday, April 01, 2022

Inside this issue:

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Special Points of Interest:

- Grand Canyon West Anniversary & Mohave County Days, pg. 4
- Caleb "Joe" Powskey Proclamation, **pg. 8**
- Hualapai Tribe General Elections, **pg. 10**
- Hualapai Tribal Court Notices, **pg. 13**
- GCRC Ranch Auction, pg. 17
- Wildland Fire Fighter Training, pg. 32
- Joel J. Querta Memorial Award, pg. 48



Friday, April 22

For more information, call Kevin Davidson at the Hualapai Planning Dept. at (928) 769-1310.



LA PAZ TRAIL OF TEARS RUN 2022

THURSDAY APRIL 21, 2022 – 5:00 AM
Camp Beale Springs, Arizona to Peach Springs, Arizona

Registration Timeline:

- Registration starts March 17, 2022
- Registration ends April 11, 2022

Register:

- Drop off or mail registration forms: Cultural Center, P.O. Box 310, Peach Springs, Arizona 86434
 - Pick up forms at the Cultural Center
 - o Request forms at mdawley@hualapai-nsn.gov
 - Download at FB @HualapaiCulturalResources

Runner Check-in:

• Tuesday April 19, 2022

Runner qualifications:

- Must be a Hualapai tribal member or have Hualapai lineage
- Must be no less than 16 years old to run
- Must be vaccinated with proof of vaccination card
- Must be willing to wear a mask
- Must not be showing symptoms related to COVID-19

Transportation:

- On day of run vans will transport runners to starting area
- Meet at the Cultural Center at 3:00 AM

NO PHOTOS ALLOWED DURING THE RUN

Questions? Contact the Cultural Center at (928) 769-2223

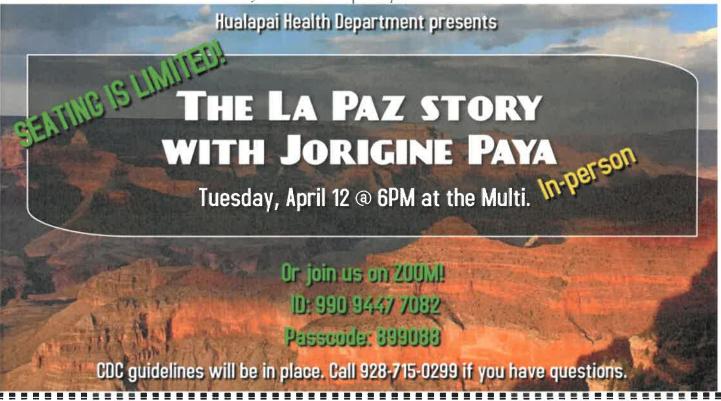
Issue #07 Page 3

LA PAZ TRAIL OF TEARS RUN 2022

THURSDAY APRIL 21, 2022 – 5:00 AM Camp Beale Springs, Arizona to Peach Springs, Arizona

Tribal Affiliation:	
Address:	City:
State: Zip:	_Email:
Phone:	
Shirt Size (Adult): S M L XL 2X 3X	
Vaccinated: Yes No (circle one)	
I know that running is a potentially hazardous activity. I route and assume the risk of running in traffic. I also assuming this event, including but not limited to falls, conweather and the condition of the roads, all such risks be these facts and in consideration to your accepting my reexecutors, administrators, or anyone else who might clawaive, release and discharge the Hualapai Tribe, volunt agents, employees, or anyone acting for or on their behapersonal injury or property damage of any kind or natural my participation in this event. This release and waiver exhaps whatsoever foreseen or unforeseen, known or unknow to representatives authorized by them to use any photorecord of this event for documentary purposes only. Apsignature. (If a parent is signing on behalf of a minor, the participation in this event.)	sume any and all other risks associated with atact with other participants, the effects of eing known and appreciated by me. Knowing egistration, I hereby for myself, my heirs, aim on my behalf, covenant not to sue, and eers, and any and all sponsors in-cluding their ralf, from any and all claims or liability for death, are whatsoever arising out of, or in the course of, extends to all claims of every kind of nature in. The undersigned further grants full permission or or any other plicants for minor accepted only with a parent's at minor at any time, arising out of the minor's
Signature:	Date:
Parent/Guardian (if under 18):	Date:
For Official U	se Only:
Received By:	Date:
Vaccination card checked: Yes No	

Submitted by: Adeline Crozier | Hualapai Tribal Administration



KWLP 100.9 FM • Seeking Hualapai Speaking Community Elders Submitted by: Terri Hutchens KWLP 100.9FM

KWLP

is seeking Hualapai Community Elders who speak the Hualapai language to participate in a grant project funded by Cultural Survival.org. The goal of the project is to produce radio content which will help preserve the Hualapai culture, traditions and language.

Hourly stipends will be paid to participants in the project.

WWW will host an informational session about the project on Friday April 8, 2022 at 1:00p.m. at the Hualapai Lodge upstairs conference room. Lunch will be provided. Space is limited to 10. For more information about the project or to get registered, please stop by KVLP at 480B Hualapai Way, PSA or call (928) 769-1110.

To: All Hualapai Tribal Big Game Guides!!

Master Guide, Guide, Beginners

Come join us for a Guides meeting for the upcoming Hunting season.

Where?

Hualapai

4-H Building

Date:

April 13, 2022

Time:

5:00pm

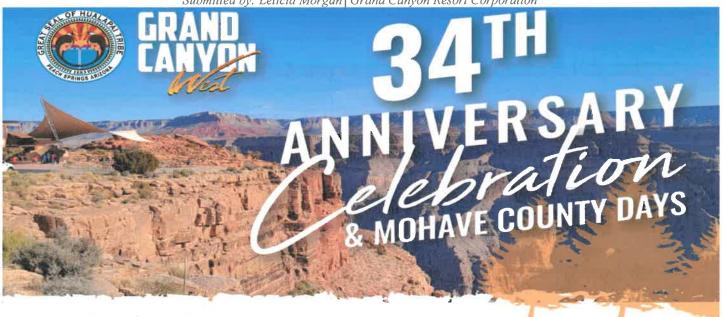
SEE YOU THERE!!!!



Questions please call:

Hualapai Game and Fish Department @ (928)769-2227

Submitted by: Leticia Morgan | Grand Canyon Resort Corporation





9AM

@ Hualapai Point, Grand Canyon West

Mohave County Residents will Receive General Admission & Skywalk!

(Please provide proof of residency for access to Grand Canyon West)

Grab Your T-Shirt & Wristbands At Hualapai Point & Enjoy Your Tour!

Invited Guests

May Bring Up To 4 Guests Each! (Must be at least 16 years old to invite a guest)

- Hualapai Tribal Members
- Hualapai Tribal Employees
- GCRC Employees
- Peach Springs Elementary Employees
- Peach Springs Clinic Employees
- Truxton BIA Agency

Anniversary Offers Per Person (Tribal Tax Applicable)

Skywalk Photos\$5	
Discounted Meal at Select Locations \$10)
Digital Skywalk Photos\$50)
Helicopter/Pontoon Tour \$13	30

Event Location: Hualapai Point, GCW

GCW Agenda | Saturday, April 23RD

9:00 AM Cneck-in at the Main Terminal (Terminal 3) (Shuttles will depart from the Main Terminal to Hualapai Point)

10:00 AM Posting of Colors by Huaiapai Tribal Veterans

& the Star-Spangled Banner

10:15 AM Traditional Huatapai Blessing

10:20 AM Opening remarks

> Dr. Damon Clarke | Chairman of the Hualapai Tribe Candida Hunter | Chairwoman of the GCRC Board of Directors Ruby Steele i GCRC Interim Chief Executive Officer

Jason Davis | GCW General Manager

10:40 AM Grand Canyon West Team Recognition & Presentation

11:00 AM -4:00 PM

Lunch Served at Hualapai Point

11:30 AM Adult/Youth Raffle (Must be present to win) (GCRC Team Members are not eligible)

11:45 AM Huajapai Traditional Song & Dance 12:00 PM -

4:00 PM

Live Entertainment

Event Parking: Grand Canyon West Main Terminal

Mohave County Agenda | Sunday, April 24™

Mohave County Residents will Receive General Admission & Skywalk!

(Please provide proof of residency for access to Grand Canyon West)

9:00 AM -3:00 PM

Check-in at the Main Terminal (Terminal 3) (Shuttles will depart from the Main Terminal to Hualapai Point)

10:30 AM -

Discounted Meals at Selected Locations

3:30 PM

Hualapai Point Restaurant

Skywalk Café

Guano Point

11:00 AM

Hualapai Traditional Song & Dance

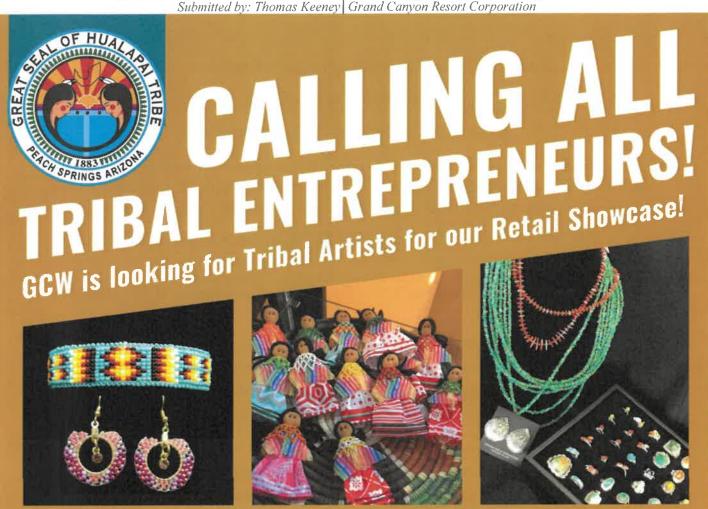
12:00 PM -4:00 PM

Live Entertainment

For more information, please contact the Marketing Department at 928-482-2691 Please wear mask, sanitize often & maintain social distancing.

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Submitted by: Thomas Keeney Grand Canyon Resort Corporation



Are you a Tribal Artist that has product you would like to sell at Grand Canyon West?

Want to become a GCW Merchant?

oin 18



CONTACT: retail@grandcanyonresort.com

Hualapai Tribe • February 2022 Proclamation

Submitted by: Adeline Crozier | Hualapai Tribal Administration

Hualapai Tribal Council of Peach Springs, Arizona February 2022 Proclamation

In the Honor of Mr. Caleb "Joe" Powskey

WHEREAS, the Hualapai Tribal Seal was adopted with Resolution 1-1977; at a Council meeting on January 8, 1977 as the Official Seal for the Hualapai People and has been executed through the Tribal Council; and

WHEREAS, Our Seal represents the People of the Hualapai Tribe and Nation; and

WHEREAS, The Hualapai Tribal Seal has been recognized World Wide; and

WHEREAS, the Hualapai Tribal Seal was designed and completed by the infamous Mr. Caleb "Joe" Powskey; and

WHEREAS, notwithstanding the original name of the seal was "The Creation" and should be Nurtured, Invested-in to Preserve and Enhance the Spirit of "Mr. Powskey"; and

WHEREAS, The Hualapai will reflect on this as history and thus make a difference as they will carry with them the memory of the Artist, the Great and Unique Hualapai Seal-"The Creation"; and

WHEREAS, As the Members of the Hualapai Tribe we are Encouraged to Celebrate the Gifts that Mr. Joe Powskey and his family endured through his artwork with and throughout this World.

NOW, THEREFORE, I, Dr. Damon R. Clarke, Chairman of the Hualapai Tribe, do hereby proclaim the "Mr. Caleb "Joe" Powskey" Day as January 8th from this day forward and the Great Seal he gave to the Hualapai Tribe and People;

Dr. Damon R. Clarke, Tribal Chairman

Mr. Shelton S. Crozier, Vice Chairman

Ms. Earlene Havatone, Member

Mr. Richard Powskey, Member

Ms. Jonell Tapija, Member

Mr. Ronald Quasula, Sr. Member

Mr. Stewart Crozier, Member

Ms. Jolene Marshall, Member

Mr. Blake Watahomigie, Member

Hualapai Tribe • 1099's for Year 2021

Submitted by: Adeline Crozier | Hualapai Tribal Administration

Hualapai Tribe
P.O. Box 179
Peach Springs, AZ 86434

Memo

To:

Hualapai Tribal Members

From:

Finance Department

Date:

3/24/2022

Re:

1099's for year 2021

1099's will NOT be Issued for the ARPA Stimulus payouts that where disbursed in November & December of 2021 totaling \$3000.00 paid out in 2 Payments of \$1500.00 each to tribal members.

 Hualapai tribal members did NOT receive Per Capita for Fiscal year 2021.

Should you have any questions feel free to call (928) 769-2216



Finance Director

Hualapai Tribe • Eyeglasses Assistance

Submitted by: Joyce Powskey Hualapai Finance Department

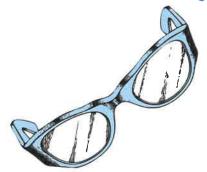
ATTENTION

EYEGLASSES ASSISTANCE IS AVAILABLE AT THESE PREFERRED VENDORS:

NATIONWIDE OR RIVERVIEW
WHERE PAYMENTS ARE ACCEPTED.

ANY OTHER VENDORS ARE SUBJECT TO ANOTHER PROCESS OR REIMBURSEMENT UP TO \$275.00.

Any questions or concerns, please call Joyce at: (928)769-2216 ext. 1111









Notice of General Election • UPDATE any Change of Address Before Friday, April 29th

Submitted by: Gensean Putesoy | Hualapai Election Board

NOTICE

General Elections for (4) Council Members to be held JUNE 4, 2022 from 8AM-5PM at Multi-Purpose Building, 470 Hualapai Drive Peach Springs, AZ 86434

***ALL ELIGIBLE HUALAPAI TRIBAL MEMBERS 18 AND UP ON JUNE 4. 2022 ARE ENCOURAGED TO UPDATE

MAILING ADDRESSES WITH TRIBAL ENROLLMENT OFFICE M-F FROM 8AM-5PM OR CALL (928) 769-2216 OR FILL OUT CHANGE OF ADDRESS FORM ONLINE AT HUALAPAI-NSN.GOV

BEFORE APRIL 29, 2022

If you have any questions, please email Elections@hualapai-nsn.gov EVERY VOTE COUNTS!

Submitted by: Adeline Crozier | Hualapai Tribal Administration

OFFICIAL

NOTICE OF GENERAL ELECTION

June 4, 2022

8:00 AM - 5:00 PM

Multi-purpose Building 470 Hualapai Drive, Peach Springs, Arizona

Elect four (4) candidates to fill Hualapai Tribal Council seats.

Voting

All enrolled adult members whose name appears on the Final Eligible Voters List.

Absentee Ballots will be mailed to all enrolled adult members of the tribe for this year's general election.

Polling place for in-person voting will be at multi-purpose building.

Reminder that in-person and absentee voting is encouraged.

Submit your inquiries to one of the following:

Hualapai Election Board PO Box 120 Peach Springs, Arizona 86434 **Hualapai Election Email** elections@hualapai-nsn.gov

COMPLETED ABSENTEE BALLOTS MUST BE RECEIVED BY THE ELECTION BOARD AT THE CLOSE OF POLLS JUNE 04, 2022 5:00 PM

Hualapai Election Board 03/04/2022

OFFICIAL

NOTICE OF CANDIDATE FILING FORM PERIOD

4 - Tribal Council Member Seats

OPENING DATE: MARCH 7, 2022

CLOSING DATE: MAY 5, 2022

The following shall apply:

<u>Hualapai Constitution</u>, <u>Article VIII</u>, <u>Elections</u>, <u>Section 4</u>. Nominations. Any tribal member may submit his name to the Election Board as a candidate for tribal office in accordance with this article and the procedures outlined in the election ordinance.

Hualapai Constitution, Article VIII, Elections, Section 5. Qualification for Office.

- (a) Any member of the Hualapai Tribe shall be eligible to run for tribal office if he:
 - 1. is at least twenty-five (25) years of age, and
 - 2. is a resident of the reservation for at least one (1) year, and
 - 3. has never been convicted of a felony or been convicted of three (3) misdemeanors within the last twelve (12) months, whether by Tribal, Federal, or State Court.

Hualapai Tribe Election Ordinance, Article IV, Qualifications, Section 1, Part C, Subpart 1. For residency, candidates shall sign a statement that they have maintained and lived in the primary residence on the reservation for at least on year immediately prior to the general or special election, and if elected, they shall maintain and live in a primary residence on the reservation through the duration of their term.

Candidate Filing Forms can be found at 1 of the 3 locations: 1. In person at the Election Board Office located at 887 Highway 66 Suite 3, Peach Springs, Arizona 2. Election Board Members: Deborah Saganitso, Gensean Putesoy, Vivian Parker, Joyce Powskey, Cody H. Susanyatame and Chris Novak 3. On the tribe's website: hualapai-nsn.gov/elections

Submit your completed application at 1 of the 3 locations:

1. Email Candidate Filing Forms to: elections@hualapai-nsn.gov 2.Mail to: Hualapai Election Board, PO Box 120, Peach Springs, Arizona 86434 3. Election Board Members — Debbie Saganitso, Gensean Putesoy, Vivian Parker, Cody H. Susanyatame or Chris Novak.

Candidate Filing Forms must be received by the Election Board by: May 5, 2022 5:00 PM

Hualapai Election Board 03/04/2022

Hualapai Tribal Court • Notice of Hearing

Submitted by: Yolanda Wescogame | Hualapai Tribal Court

IN THE HUALAPAI TRIBAL COURT HUALAPAI RESERVATION, STATE OF ARIZONA

HUALAPAI TRIBE,)
PLAINTIFF,)) Case No. 2018-CR-414CC4OSC
VS.)
GEORGETTA RUSSELL,,	NOTICE OF HEARING
DEFENDANT.	<i>,</i> —

TO: GEORGETTA RUSSELL - PEACH SPRINGS, ARIZONA 86434

You are hereby notified that the above entitled matter is scheduled for an **Order to Show**

Cause Hearing on the April 7, 2022 at 09:00 AM.

FAILURE TO APPEAR MAY RESULT IN CONTEMPT OF COURT.

DATED THIS 7th day of March, 2022, A.D.

VERIFICATION OF SERVICE

GAMYU NEWSLETTER

IN THE HUALAPAI TRIBAL COURT HUALAPAI RESERVATION, STATE OF ARIZONA

HUALAPAI TRIBE,)
PLAINTIFF, VS.) Case No. 2018-CR-414CC8OSC
TAISHA WELLINGTON, ,	NOTICE OF HEARING
DEFENDANT.	

TO: TAISHA WELLINGTON - PEACH SPRINGS, ARIZONA 86434

You are hereby notified that the above entitled matter is scheduled for an Order to Show

Cause Hearing on the April 7, 2022 at 09:00 AM.

FAILURE TO APPEAR MAY RESULT IN CONTEMPT OF COURT.

DATED THIS 7th day of March, 2022, A.D.

Clerk of Court

VERIFICATION OF SERVICE
GAMYU NEWSLETTER

Issue #07 Hualanai Tribal Court • Notice of Hearing PAGE 15 Hualapai Tribal Court • Notice of Hearing Submitted by: Tawnya Shongo | Hualapai Tribal Court

1 2 3		IN THE HUALAPAI LAPAI RESERVATION	TRIBAL COURT N, STATE OF ARIZONA
4 5 6	IN THE MATTER OF: L.C. DOB:9/19/07	Minor Child)))
7 8	AND CONCERNING:) CASE NO. 2021-CV-043
9 10 11	LISA CHAMBERLAIN TIM WAEHKEE, Petition Vs.		NOTICE NOTICE
13 14 15	MAUREEN JONES, Respor	ndent(s))
16 17 18		,	PEACH SPRINGS, AZ 86434 on for <u>ADOPTION</u> has been filed against
19 20	you in the Hualapai Trib	al Court.	
21 22	YOU ARE INSTRUCTE	D TO FILE A FORMA	AL WRITTEN ANSWER: to the
23	complaint within thirty (3	80) days upon receipt	of this notice and attached petition.
24 25	. After service is verified,	the court shall set a	late for an Initial Hearing in this cause of
26	action. Furthermore, you	u shall be notified of t	he date and time you are required to
27 2 8	appear before the Huala	apai Tribal Court by Z	oom @ 928-769-2080 on
29 30	April 26, 2022 at 11:00	AM	
31	IF YOU FAIL TO APPE	AR at the time and da	te set for the Hearing, a Judgment by
32 i 33 i	Default can be entered	and the Petitioner sha	all be awarded the relief asked for in the
34 3 <i>5</i>	complaint.		
36		Dated this 2	8th day of February, 2022
37 38 39			
40 41			
42 43			-
44			Jamya Mongo
45 46 :	t :	-	Clerk of Court
47 48	VERIFICATION OF SERVICE	3	
49 50	SERVED TO: GAMYU NEWS	SLETTER BY EMAILDanie	lle.Bravo@hualapai-nsn.gov
	SERVED BY: TSHONGO		
	DATE/TIME: <u>2/28/22</u>		

Hualapai Planning Department • Seeking One (1) New TERC Member

Submitted by: Kevin Davidson | Hualapai Planning Department

The Great Spirit created Man and Woman in his own image. In doing so, both were created as equals. Both depending on each other in order to survive. Great respect was shown for each other; in doing so, happiness and contentment was achieved then, as it should be now.

The connecting of the Hair makes them one person: for happiness or contentment cannot be achieved without each other.

The Canyons are represented by the purples in the middle ground, where the people were created. These canyons are Sacred, and should be so treated at all times

The Reservation is pictured to represent the land that is ours, treat it well.



The Reservation is our heritage and the heritage of our children yet unborn. Be good to our land and it will continue to be good to us.

The Sun is the symbol of life, without it nothing is possible - plants don't grow - there will be no life - nothing. The Sun also represents the dawn of the Hualapai people. Through hard work, determination and education, everything is possible and we are assured bigger and brighter days ahead.

The Tracks in the middle represent the coyote and other animals which were here before us.

The Green around the symbol are pine trees, representing our name Hualapai - PEOPLE OF THE TALL PINES -

Hualapai Tribe

Department of Planning & Economic Development

P.O. Box 179/887 W. Highway 66, Peach Springs, Arizona 86434 Phone (928) 769-1310 * Fax (928) 769-1377

The Planning Department is Seeking One New TERC Member

Greetings Community Members:

The Planning Department is looking for one new applicant for the Tribal Environmental Review Commission (TERC) or Board of Commissioners. Below is a summary of what TERC is and what duties it performs.

Under the Hualapai Environmental Review Code (HERC), the Board of Commissioners has the primary authority, under the direction of the Hualapai Tribal Council, for regulating land use and development of Hualapai Tribal Lands. The Board of Commissioners is composed of seven (7) members who are appointed by the Tribal Council.

Their function is to review and regulate, including issuing permits, for all development activities that are proposed for any land site within Hualapai Tribal lands in order to ensure that:

- (1) no development activity will be carried out without a permit; and
- (2) all development activities will be carried out in accordance with all applicable tribal and federal environmental protection laws and regulations.

If you are interested, you can pick up an application at the Hualapai Planning Department located at 887 Hwy 66 (next to 76 fuel station). You can also request an application be mailed or e-mailed to you. The due date for applications is Friday, April 15, 2022 and may be turned in to the tribal office or the Planning Department. If you have any questions, please feel free to contact me at 769-1310 or e-mail at: kdavidson@hualapai-nsn.gov

Respectfully,

Kevin Davidson, Director

Grand Canyon Resort Corporation • Ranch Auction

Submitted by: Nicholas Cabrera | Grand Canyon Resort Corporation

GCRC Employees are not allowed to bid at this time.



BID #1942 & 1943 two available. BID #1944 one available.



\$20



BID #1945 one available. \$50



BID #1946 one available. \$5000



BID #1947 must take all. \$300 for all



BID #1948 One available. \$500



BID #1949 Six available. \$50 ea.



BID #1950 One available. \$20

The Grand Canyon Resort Corporation is auctioning Miscellaneous Items. Each photo has a Bid #

- Winning Bidder is responsible for pick up within 2 weeks.
- Items are not guaranteed or warrantied.

AUCTION

Auction Opens: Apr. 1, 2022 Auction Closes: Apr. 29, 2022 Announcement: May. 1, 2022

REQUIREMENTS:

- · A minimum bid of amount listed under item #. No personal checks accepted.
 - · Must be an enrolled Hualapai Tribal Member
 - · Bid must be received by 5PM on Apr 29, 2022.

SUBMITTING YOUR BID:

Please submit your bid, with all information below:

- · Correct Bid #
- Full Name and Contact Number
- · Amount of bid, no less than listed amount

Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department PO BOX 359 Peach Springs, AZ 86434

Or hand delivered to:

Administrative office - Procurement Dept in Peach Springs.

Bids must be in a sealed envelope.

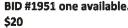
All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950

- 1. Only winning bidders will be notified, winners and winning bid amounts are confidential.
- 2. If winning bidder decides not to purchase, they must notify GCRC in writing.
- 3. In the event the winner opts out, the item will be sold to the next highest bidder.
- 4. If no other bids were received, the item will be re-auctioned to include GCRC employees. After 2 auctions and no bids received, GCRC will decide how the item will be disposed or kept.
- 5. Once paid for and the winner takes possession, the auctioned items disposition is completely up to the winning bidder. GCRC is not responsible for the item after sale.

RANCH

GCRC Employees are not allowed to bid at this time.







BID #1951 one available. BID #1952 whole pile available. Make offer



BID #1953 one available. \$5000



BID #1954 one available. \$5000



BID #1955 two available. \$10 ea.



BID #1956 ten available. \$10 ea.



BID #1957 Seven available. \$5 ea.



BID #1958 One available. \$100

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RANCH

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BID #1959 one available. \$100



BID #1960 one available. \$100



BID #1961 one available. \$100



BID #1962 one available. \$100



BID #1963 one available. \$100



BID #1964 one available. \$100



BID #1965 one available. \$100



BID #1966 One available. \$100

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RANCH

GCRC Employees are not allowed to bid at this time.



BID #1967 one available. \$100



BID #1968 one available. \$20 (display only)



BID #1969 one available. \$5 kids size



BID #1970 one available. \$5 kids size



BID #1971 one available. \$5 kids size



BID #1972 one available. \$20 - 24"D x11.5"W x34.5H



BID #1973 one available.



BID #1974 One available. \$20 - 24"D x11.5"W x34.5H \$30 - 12"D x29.5"W x15"H Hood fan attached

The Grand Canyon Resort Corporation is auctioning Miscellaneous Items. Each photo has a Bid #

- Winning Bidder is responsible for pick up within 2 weeks.
- Items are not guaranteed or warrantied.

AUCTION

Auction Opens: Apr. 1, 2022 Auction Closes: Apr. 29, 2022 Announcement: May. 1, 2022

REQUIREMENTS:

- · A minimum bid of amount listed under item #. No personal checks accepted.
 - · Must be an enrolled Hualapai Tribal Member
 - · Bid must be received by 5PM on Apr 29, 2022.

SUBMITTING YOUR BID:

Please submit your bid, with all information below:

- · Correct Bid #
- Full Name and Contact Number
- · Amount of bid, no less than listed amount

Bids may be mailed to:

Grand Canyon Resort Corporation Attn: Procurement Department **PO BOX 359** Peach Springs, AZ 86434

Or hand delivered to:

Administrative office - Procurement Dept in Peach Springs.

Bids must be in a sealed envelope.

All interested bidders are welcome to inspect the item. For more information, you may contact the Hualapai Ranch at (928) 297-0950

- 1. Only winning bidders will be notified, winners and winning bid amounts are confidential.
- 2. If winning bidder decides not to purchase, they must notify GCRC in writing.
- 3. In the event the winner opts out, the item will be sold to the next highest bidder.
- 4. If no other bids were received, the item will be re-auctioned to include GCRC employees. After 2 auctions and no bids received, GCRC will decide how the item will be disposed or kept.
- 5. Once paid for and the winner takes possession, the auctioned items disposition is completely up to the winning bidder. GCRC is not responsible for the item after sale.

Issue #07 Page 21

RANCH

GCRC Employees are not allowed to bid at this time.



BID #1975 one available. \$10 12"D x29.5"W x18"H (Electrical box and wires attached)



BID #1976 one available. \$10 - 12"D x11.5"W x30"H



BID #1977 one available. **\$50** - 20"D x33.5"W x30"H



BID #1978 one available. \$50 – 24"D x30"W x34.5"H



BiD #1979 one available. **\$50 –** 12.5"D x36"W x30.5H



BID #1980 one available. \$50



BID #1981 one available. \$50



8ID #1982 One available. \$25 – 20"H x 36"x36" square

The Grand Canyon Resort Corporation is auctioning Miscellaneous Items. Each photo has a Bid #

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Attn: Procurement Department
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PAGE 22 GAMYU

RANCH

GCRC Employees are not allowed to bid at this time.



BID #1983 one available. \$25 measures 25" X 22"



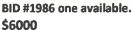
BID #1984 one available. \$25





BID #1985 one available. \$10,000







The Grand Canyon Resort
Corporation is auctioning
Miscellaneous Items.

Each photo has a Bid #

- Winning Bidder is responsible for pick up.
- Items are not guaranteed or warrantied.

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Uranium Mine near Grand Canvon permitted by Court, Despite Mining Ban Submitted by: Charlotte Navanick | Public Relations, Ute Bulletin

Uranium mine near Grand Canyon permitted by court, despite mining ban

Thursday, February 24, 2022 | By Camila Pedrosa | Cronkite News (cronkitenews.azpbs.org)



Energy Fuels Inc.'s Canyon Mine is located less than 10 miles from the gates of Grand Canyon National Park. Photo by Chris Cadeau / Cronkite News

WASHINGTON, D.C. — A federal court ruled Tuesday that a uranium mine near the Grand Canyon can operate, even though it sits on 1 million acres that the federal government has declared off-limits to new mining. A three-judge panel of the 9th U.S. Circuit Court of Appeals rejected claims by tribal and environmental groups that the U.S. Forest Service erred when it reviewed the mine owner's rights to operate the Pinyon Plain Mine, by improperly calculating its potential profitability. The permit for the mine, formerly known as the Canyon Mine, was first issued in 1986, meaning it was grandfathered in when the mining moratorium near the canyon was imposed in 2012. But operations have been largely stalled for decades by a depressed uranium market.

"We are of course pleased that the 9th Circuit ruled in favor of the Forest Service, so we can advance this clean energy resource under the watchful eye of our state and federal regulators," said Curtis Moore, vice president of marketing and corporate development at Energy Fuels Resources, which owns the mine.

An attorney for the Grand Canyon Trust, one of the groups suing to block mine, said plaintiffs were "disappointed in the outcome and are evaluating our options." But other opponents were more vocal. "Today's ruling ... only deepens our resolve to stop this mine and its deadly pollution threat to Grand Canyon's precious springs and aquifers," said Taylor McKinnon, a senior campaigner with the Center for Biological Diversity. This is the second time the circuit court has considered ruling it has issued on this particular mine, going all the way back to the 1980s when the project was first pro- need for mining near the iconic Grand Canyon, which posed.

The Forest Service first approved a plan of operations for what was then the Canyon Mine in 1986, sparking a legal challenge by the Havasupai Tribe. But courts upheld the approval for the mine, and its owner at the time, Energy Fuels Nuclear Inc., began to build surface structures and sink what was to be a 1,400-foot mine shaft. By 1992, however, falling uranium prices drove the com-

pany to suspend operations with just 50 feet of mine shaft drilled. A spike in uranium prices in 2007 renewed interest in mining and led to "thousands of new mining claims" near the Grand Canyon, according to Circuit Judge Jay S. Bybee's ruling Tuesday. That led the Interior Department to propose - and eventually adopt, in 2012 – a 20-year moratorium on mining on about 1 million acres.

Before that ban took effect, however, Energy Fuels told the Forest Service that it wanted to resume operations at the Pinyon Plain Mine. Bybee said the mining company did not need Forest Service approval to resume operations, but agreed to hold off while the service conducted a valid existing rights review.

The government's review determined that "a valuable mineral deposit" had existed before the moratorium was proposed and that, under market conditions at the time, the uranium deposit on the claims could be mined, removed, transported, milled and marketed at a profit." Opponents sued, claiming that the financial analysis was faulty and that the mine's approval violated environmental and historic preservation regulations. A district judge threw out the case, and the 9th Circuit upheld most of that dismissal but ordered the lower court to reconsider the Forest Service's handling of the financial review.

The district court again ruled against the opponents, and the circuit court this time agreed, rejecting the claim that the Forest Service should have included "sunk costs" unrecoverable expenses from the original development of the mine. Bybee said that Interior Department policy for more than 40 years has been to exclude sunk costs, and that the Forest Service decision was not, therefore, "arbitrary and capricious." He cited several other courts which have ruled that counting sunk costs is "a foolish notion that should not be entertained by anyone who has had even a single undergraduate economics course."

Moore welcomed the ruling, saying carbon-free energy sources like nuclear are seeing a "massive resurgence globally" due to climate change concerns, and the U.S. needs to expand its production of uranium at home to keep up.

"Developing our domestic sources of uranium is becoming increasingly important due to America's current over-Grand Canyon Trust v. Provencio, and at least the third reliance on Russia and its allies for our uranium and nuclear fuel," Moore said. But McKinnon guestioned the she said will only worsen environmental problems in the watershed. "Aquifer pollution would be impossible to clean up," McKinnon said. "It's not a risk worth taking, and no amount of uranium industry drivel will change that fact."

> https://www.indianz.com/News/2022/02/24/ cronkite-news-court-sides-with-company-in-disputeover-grand-canvon-uranium-mine/

PAGE 24 EMPLOYMENT OPPORTUNITIES

Boys & Girls Club • Open Positions

Submitted by: Adeline Crozier | Hualapai Tribal Administration



BOYS & GIRLS CLUB

OF PEACH SPRINGS

WE'RE HIRING

Open Positions:

Youth Development Specialist Front Desk Assistant Program Instructor

Youth Program Summer Camp Counselor
Teen Center Summer Camp Counselor

For more information please call or visit:

(928) 769-1801 www.bgcs.org/jobs

Notice of Invitation for Bids

Submitted by: Kevin Davidson | Hualapai Planning Dept.



NOTICE OF INVITATION FOR BIDS
FROM ELECTRICAL TRANSMISSION
LINE CONTRACTORS, IFB NO. 022022

EXTENSION OF 20.8 KV MICRO-GRID TO INTERCONNECT 1 MW SO-LAR PLANT

Notice is hereby given that the Hualapai Indian Tribe, hereinafter referred to as the "Tribe", is soliciting bids from electrical transmission line contractors to extend the 20.8 KV micro-grid to a 1 MW solar array at Grand Canyon West, located on the Hualapai Reservation, Arizona.

The Tribe invites Indian and non-Indian owned firms to submit sealed bids. The Tribe will select the bidder whose bid does not substantially exceed the amount of funds available for construction of the project, subject to applicable Indian Preference requirements and assessments of the Bidder's responsiveness and responsibility under federal law. Funds are derived from the Department of Energy and the tribe. The project must be complete no later than four (4) months after contract's Notice to Proceed is given.

PRE-SUBMITTAL MEETING & SITE VISIT:

Tuesday, April 12, 2022, 2:00 P.M. at Grand Canyon West Airport Terminal, 5001 Diamond Bar Road, Grand Canyon West, Arizona 86434.

SUBMITTAL DUE DATE:

Wednesday, April 27, 2022, 2:00 P.M. at Hualapai Planning and Economic Development Dept., 887 West Highway 66, Peach Springs, AZ 86434

QUESTIONS SHALL BE DIRECTED TO:

Kevin A. Davidson

Planning and Economic Development Director (928) 769-1310

kevin.davidson@hualapai-nsn.gov

Grand Canyon Resort Corporation • Current Job Postings Submitted by: Gina Hernandez Grand Canyon Resort Corporation

Revised 3/28/2022

** For Quick Apply Visit Grandcanyonwest.com **

Administration	# of Positions	Pay Rate	Shift	r Grand Canyon Resort Corporation Airport	# of Positions	Pay Rate	Shift
Human Resources Director	1	D.O.E.	Varies	Airport Manager	1	D.O.E/FT	Varies
thief Operations Officer (COO)		D.O.E/FT	Mon-Fri	Firefighter /EMS	3	D.O.E/FT	Varies
leet Manager	- 1	D.O.E/FT	Varies	Airport Operations Specialist	1	D.O.E./PT	Varies
Human Resources	# of Positions	Pav Rate	Shift	Airport EMS/Firefighter	1	D.O.E/FT	Varies
	4 OF PUBLICOTS	D.O.E/PT	Mon-Thurs	Transportation	# of Positions	Pay Rate	Shift
Itility Employee	# -1014		-		4 OI PUBILIONS		Wed-Sat
Procurement	# of Positions	Pay Rate	Shift	Transportation Supervisor	1	D.O.E/FT	
ead Inventory Control Specialist (ICS)	1	D.O.E/FT	Varies	Transit Mechanic	1	D.O.E/FT	Varies
nventory Control Specialist (ICS)	2	D.O.E/FT	Wed-Sat	Diesel Mechanis	1	D.O.E/FT	Varies
Training & Development	# of Positions	Pay Rate	Shift	Transit Bus Driver CDL)	2	D.O.E/FT	Varies
Titrainer	1	D.O.E/FT	Varies	Security	# of Positions	Pay Rate	Shift
Hualapai Lodge	# of Positions	Pay Rate	Shift	Security Operations Manager	1	D.O.E/FT	Varies
lotel Operations Manager	1	D.O.E/FT	Varies	Sergeant/Supervisor	1	D.O.E/FT	Wed-Sat Graveyan
ront Desk Supervisor	1	D.O.E/FT	Varies	OIC/Lead	1	D.O.E/FT	Sun-Wed Swing
ront Desk Agent	1	D.O.E/PT	Varies	Security Guard	6	D.O.E/FT	Varies
light Auditor	2	D.O.E/PT	Varies	Security Guard	4	D.O.E/Seesonal	Varies
Naintenance Tech	1	D.O.E/FT	Varies	Security Guard	2	D.O.E/PT	Varies
aundry Altendant	2	D.O.E/Seasonal	Varies	Gift Shop/ Tour Counter	# of Positions	Pay Rate	Shift
Room Attendant	1	D.O.E/PT	Varies	Supervisor	1	D.O.E/FT	Tues-Fri
Room Attendant	2	D.O.E/Seasonal	Varies	Cash Room Clark	1	D.O.E/FT	Tues-Fri
11/2 7/2 12	1	D.O.E/Seasonal	Varies		 	D.O.E/FT	Varies
Custodian	Hat Darities		-	Overnight Stocker	2	D.O.E/PT	Varies
Diamond Creek Restaurant	# of Positions	Pay Rate	Shift	Cashier	4		Wed-Sat
Restaurant Manager	1	D.O.E/FT	Varies	Lead Concierge	1	D.O.E/FT	
Front of House (FOH)	2	D.O.E/PT	Varies	Ambassador	# of Positions	Pay Rate	Shift
ront of House (FOH)	1	D.O.E/Seasonal	Varies	Lead Greeter	1	D.O.E/FT	Wed-Sat
Cook	1	D.O.E/PT	Varies	Greeter	1	D.O.E/FT	Varies
Walapai Market	# of Positions	Pay Rate	Shift	Greeter	4	D.O.E/Seasonal	Varies
Operations Manager	1	D.O.E/FT	Varies	Pontoon	# of Positions	Pay Rate	Shift
Jtility Employee	2	D.O.E/FT	Varies	Pontoon Manager	1	D.O.E/FT	Varies
Julity Employee	1	D.O.E/PT	Varies	Small Engine Mechanic	1	D.O.E/FT	Varies
Hualapai River Runners	# of Positions	Pay Rate	Shift	Utility/Guide	2	D.O.E/Seesonal	Varies
Operations Manager	1	D.O.E/FT	Varies	Skywalk	# of Positions	Pay Rate	Shift
Vaintenance Supervisor	1	D.O.E/FT	Varies	Photo Sales Lead	1	D.O.E/FT	Wed-Sat
On River Supervisor	1	D.O.E/FT	Varies	Utility	1	D.O.E/FT	Varies
	1	D.O.E/FT	Varies	Lead Retail & Ticket Cashier	1	D.O.E/FT	Sun-Wed
Concierge	1	D.O.E/FT	Varies	Utility Utility	- -	D.O.E/PT	Varies
River Guide	- 1	D.O.E/FT	Varies	Photos Sales Rep	3	D.O.E/FT	Varies
Equipment Driver	2	D.O.E/Seasonal	Varies	Photo Guide	2	D.O.E/FT	Varies
Photographer		D.O.E/Seasonal			1	D.O.E/FT	Varies
assenger/ Van Driver	4	D.O.E/Seasonal	Varies	Retail & Ticket Cashier		D.O.E/FT	Sun-Wed
CDL Passenger/ Bus Driver	1		Varies	Express Driver	1 CO 01		
River Guide	4			Hualapai Point	# of Positions	-	Shift
wamper/Packer	1	D.O.E/Seasonal	at the same of the	Night Auditor	1	D.O.E/FT	Varies
quipment Driver	3	D.O.E/Seasonal	Varies	Maintenance	1	D.O.E/PT	Varies
Aaintenance Mechanic	2	D.O.E/FT	Varies	Concierge	1	D.O.E/FT	Varies
Small Engines Supervisor	1	D.O.E/FT	Varies	Housekeeping	2	D.O.E/PT	Varies
Small Engines Mechanic	2	D.O.E/FT	Varies	Housekeeping	2	D.O.E/Seasonal	Varies
Zipline	# of Positions	Pay Rate	Shift	Cash Room Clerk	1	D.O.E/PT	Varies
Tipline Operations Manager	1	D.O.E/FT	Varies	Cashier	4	D.O.E/FT	Varies
Supervisor	2	D.O.E/Seasona!	Varies	Lead Tribel Liason	1	D.O.E/FT	Varies
ead Guide	2	D.O.E/Seasonal	Varies	Tribal Liason	6	D.O.E/FT	Varies
Photographer	2	D.O.E/Seasonal	Varies	F&B/ Sky View Restaurant	# of Positions		Shift
ashier	2	D.O.E/Seasonal	Varies	Server	2	D.O.E/FT	Varies
Astron	10	D.O.E/Seasona!	Varies	Food Handler/ Cook	3	D.O.E/FT	Varies
	# of Positions		Shift		1	D.O.E/FT	Wed-Sat
Maintenance	a of Postuons			Steward	1		
Naintenance Tech	[2	D.O.E/FT	Varies	Lead Cashier	2	D.O.E/Seasonal	
GCRC INTE	RNAL ONLY UNTIL *	7*72021		Cashier	3	D.O.E/Seasonal	
				Food Handler/ Cook	13	D.O.E/Seasonal	
				0	2	ID O FROM	Marian
				Server	-	D.O.E/Seasonal	
				Server Janitorial	# of Positions	TARREST TO	Shift









Ages: 3 years old - 5 years old



Children Services

Vision Screenings **Hearing Screenings Dental Screenings Nutritious Food Nutrition Screening Engaging Schedule** Structured Schedule Field Trips Independence

Parent Services

Parent Activities IEP Services Parent Education Community Resources Various Assistance **Fatherhood Activities**





(928) 769-2522

















Issue #07 Valentine Elementary School • April Calendar of Events PAGE 27 Valentine Elementary School • April Calendar of Events Submitted by: Paula Blout | Valentine Elementary School

	SATURDAY	Peanut Butter & Jelly Day	9 NASA introduces 1" US astronauts (1959)	16 Kendrick Lenar wins Pulitzer Prize for Music (2018)		23 William Shakespeare born (1564), dies (1616)		30 Honesty Day		
	FRIDAY	1 April Foots'day	8 Hank Aaron breaks Babe Ruth's home run record (1974)	15 Jackie Robinson breaks Major League Baseball's color barrier (1947)		22 Weekry	AND HEAR	29 Staff Training		
	THURSDAY		AZ Oral Reading Grade 3	14 AZ Math Part 2 AZ ELA Part 2 Grades 3-8		21 High Five Day		28 Small Schools Track Meet Next Thursday!		
April 2022 WEDNESDAY			AZ Writing Test Grades 3 - 8	B		20 Michael Jordan scores 63 in playoff game (1986)	9 4	27 Noise Awareness Day		
	TUESDAY	School District #22 / HC 35 Box 50 s, AZ 86434 928-769-2389	AZ Science Test Grades 5 & 8	12 AZ Math Part 1 AZ ELA Part 1 Grades 3-8	School Board Mtg - 4:30	19		26 Richter Scale Day		
	WONDAY Valentine Elementary School District # 12491 N. Byers St / HC 35 Box 50 Peach Springs, AZ 86434 928-769-2310 / 928-769-2389 valentineaz.net		Vitamin C Day	Test	Makeups	18 Test	Makeups	Plubble Telescope placed in orbit (1990) AZ FAZ FAZ FAZ FAZ		
	SUNDAY		3 International Pillow Fight Day	10 Farm Animals Day		HAPPY EASTER!		24 Kelly Clarkson born (1982)		

Submitted by: Adeline Crozier | Hualapai Tribal Administration



Thursday, March 17, 2022

Dear Peach Springs Branch Families,

Effective Monday, March 21, 2022

Afterschool programming hours:
Monday-Thursday 2:00pm-6:00pm
Fridays- 7:45am-5:30pm

Club business hours:

Monday-Thursday 10:00am-6:00pm

Fridays 7:45am-5:30pm

We thank you in advance for your understanding, we remain committed to our Club Kids, their families and community. If you have any questions regarding this notice please feel free to give us a call at (928) 769-1801.

Warm regards,

Amelia Sullivan-Beecher Branch Director

> The Boys & Girls Club of Peach Springs 479 Diamond Creek Rd.; P.O Box 395 Peach Springs, AZ 86434 Phone: (928) 769-1801 Email: peachsprings@bgcs.org

Web: www.bgcs.org/peachsprings

OPERATIONS CHANGE FOR CODE GREEN



- MAXIMUM CAPACITY OF 45
- MASKS ARE MANDATORY FOR ALL ENTERING OUR BUILDING- If a Club member cannot comply
 with this policy parent/guardian will be notified and the member will be sent home for the day.
- ENTRY into the Club from parents/outside guests/volunteers and those who provide direct services to members.
- BUS TRANSPORTATION available for those with a permission slip on file.
- All members and staff will have their body temperature taken with no touch thermometers along with a health screening prior to entering the building
- If a member has a body temperature of 100.4 or above, they and any siblings will be sent home for the day.
- If a member shows signs/symptoms of COVID-19 parent/guardian will be notified and member will be sent home.
- Hand sanitizer will be required for all entering the building.

We want to thank you in advance for your understanding, we remain committed to our Club Kids, their families and community and want to ensure the safety of all. If you have any questions regarding this notice, please feel free to give us a call at (928) 769-1801.

Respectfully,

Amelia Sullivan-Beecher

OSBeecher.

Branch Director

479 Diamond Creek Road; P.O Box 395
Peach Springs, AZ 86434
(928) 769-1801
peachspings@bgcs.org
www.bgcs.org/peachsprings

Submitted by: Alexander Krasinski | Grand Canyon Resort Corporation



Program Guidelines

* Must be fully vaccinated and/or have approved exemption

- Must be an enrolled student.
- Must provide transcripts of the current school year.
- Must submit a GCRC Summer Youth Application. (Submit either to the GCRC Human Resources Office or Online)
- Ages 14 & 15 years are eligible to work in Peach Springs ONLY.
- Ages 16 & 17 are eligible to work out at GCW.
- Must be an enrolled Hualapai Tribal Member.
- Must pass a drug screen.
- Parent/Legal Guardian must be present during new hire processing.
- Youth will be placed into departments, not all departments will be available, and schedules will be determined.
- Pay rate will be based on years in the Summer Youth Program.

APPLY
5.1.22

35 POSITIONS
AVAILABLE

ANY QUESTIONS PLEASE CONTACT: Alexander Krasinski | Training & Development SR | (928) 237-4260

Hualapai Nation Emergency Services • Earn While You Learn

Submitted by: Adeline Crozier | Hualapai Tribal Administration

EARN WHILE YOU LEARN



HUALAPAI NATION EMERGENCY SERVICES IS OFFERING TRIBAL MEMBERS THE OPPORTUNITY TO EARN A PAYCHECK WHILE ATTENDING CLASS TO BECOME A CERTIFIED EMERGENCY MEDICAL TECHNICIAN (EMT).



To apply:

Complete application online by going to Hualapai-nsn.gov OR by scanning the barcode

To qualify you must:

- Be at least 18 years old
- Have a high school diploma or GED
- Have all required immunizations
- Successfully complete the pre-employment screening (background check, drug and alcohol test, and be eligible for Tribe's insurance)



CLASSES START MAY 23, 2022!!!!

Train TODAY save a life TOMORROW



Hualapai Tribal Forestry & Wildland Fire Management

P.O. Box 299 • Peach Springs, Arizona 86434 • 928-769-2312

HOW TO BECOME A WILDLAND FIRE FIGHTER

nterested individuals that are looking to become a Wildland Fire Fighter for the Hualapai tribe, here is the information that will help you to become a fire fighter

There are Wildland Fire Fighting agencies that operate nationally like the Bureau of Land Management, National Park Service, Forest Resources that provide a service to train and employ the public to be fire fighters in the efforts to combat the risk of unwanted wild Service, Bureau of Indian Affairs, US Fish and Wildlife Services and at the local level in the State of Dept. of Forestry and Natural and fires that endanger the public and can destroy community residences and property.

Federal agencies and state departments provide wildland fire training to interested individuals in being part of a team in supporting the suppression efforts in fighting wildland fires.

Here are the requirements.

- being certified wildland fire fighter. The tribes fire management and participant will be notified and provided a schedule for The first requirement is taking a Physical that must be done through Medical Standards and must be completed prior to the physical examination that is to be completed.
- Introduction to ICS and L-180 Human Factors in Wildland Fire Service that must have an overall passing score of 70% or The second requirement is the basic firefighting courses S-130 Fire training, S-190 Introduction to Fire Behavior, I-100
- Third requirement is a Work Capacity Test that consist of physically walking 3 miles in 45 minutes with a 45 lb. pack to ensure that the individual is physically fit and can perform the capabilities as a wildland fire fighter.

As you become qualified as a fire fighter, and become more experienced on the fire line, there are advance training courses available both online and schedule of trainings by your home unit. See below training schedule.

For further information you can call (928) 769-2312 or drop by our office at 1130 Mesa View Dr. in Peach Springs, Az.

2022 Hualapai Tribal Wildland Fire Program Training Schedule

Contact	928-769-2312	928-769-2312	928-769-2312	928-769-2312		928-769-2312	928-769-2312	928-769-2312	928-769-2312	928-769-2312	928-769-2312		928-769-2312		
Location	Forestry Conference Room	Forestry Conference Room	Forestry Conference Room	Forestry Conference Room		Forestry Conference Room	Forestry Conference Room	Forestry Conference Room	Forestry Conference Room	Forestry Conference Room	Forestry Conference Room		Forestry Conference Room		
Time	0800 - 1200	0800 - 1200	0800 - 1200	0800 - 1630		0800 - 1630	0800 - 1630	0800 - 1200	0800 – 1200	0800-1200	0800 - 1630		0800-1630		
Date	Feb. 16, 2022	Feb. 23, 2022	Mar. 2, 2022	Mar. 21 to 25, 2022		Mar. 28 – 30, 2022	Mar. 31 to Apr. 1, 2022	Apr. 6, 2022	Apr. 20, 2022	Apr. 27, 2022	May 16-20, 2022		May 23 – 25, 2022	TBD	TBD
Course # / Name	RT- 130 Fire Fighter Refresher / WCT	RT- 130 Fire Fighter Refresher / WCT	RT- 130 Fire Fighter Refresher / WCT	S-190 Intro Fire Behavior / S-130 Fire	Training/L-180 Leadership	S-212 Wildland Fire Chainsaws	S-211 Portable Pumps & Water Use	RT-130 Fire Fighter Refresher / WCT	RT-130 Fire Fighter Refresher / WCT	RT-130 Fire Fighter Refresher / WCT	S-190 Intro Fire Behavior / S-130 Fire	Training/L-180 Leadership	S-212 Wildland Fire Chainsaws	ENOP Training	UTV Training

For Employment Opportunities working for the Hualapai Tribal Forestry and Wildland Fire department, you may contact Human Resources at (928) 769-2216 or go online to https://hualapai-nsn.gov/tribe-employment/ and apply online. Hualapai Tribe Response • Color Code Alert System Temporarily Suspended Submitted by: Adeline Crozier | Hualapai Tribal Administration

Hualapai Tribe Response COVID-19 Alert Notification

Press Release/Public Notification COVID-19 Response Update Peach Springs, Arizona Hualapai Tribe

March 23, 2022

On July 01, 2021 the Hualapai Tribal Council passed Resolution 44-2021 regarding revisions to the Color Coding Alert System for COVID-19 Response on the Hualapai Reservation.

The COVID-19 virus remains active worldwide, which includes, locally and surrounding communities throughout our State. COVID-19 Cases on the Hualapai Nation presently have NO Community Spread as monitored by Public Health Officials.

The Hualapai Tribe Color Code Alert for COVID-19 has remained at it's lowest standards over a thirty-day period. The Color Code Alert System will be temporarily replaced with a campaign effort of educating our community members to stay vigilant with all health and safety precautionary measures and understand the COVID-19 virus is still amongst us throughout our State and worldwide. COVID-19 cases will continue to be monitored by the Hualapai COVID-19 Response Team and Public Health Officials. In the event it is determined that the COVID-19 Virus is at a level considered to be widespread, the Color Code Alert System will once again be activated.

This is what you and your family need to know:

The Color Coding Alert system will be suspended UNTIL the need for it is required again.

Our community is entering the beginning stages to an endemic of COVID-19.

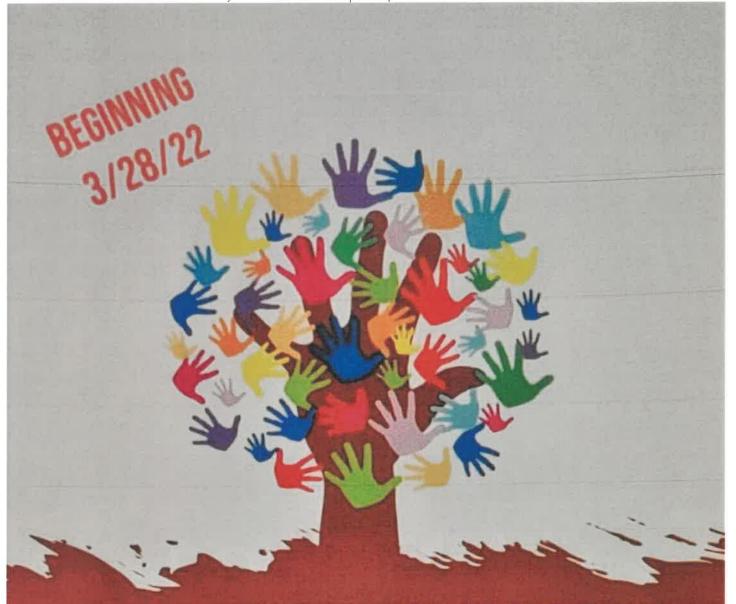
Here is a breakdown of what an Endemic means on the Hualapai Reservation:

- ENDEMIC: The CDC defines endemic as "the constant presence and/or usual prevalence of a disease or infectious agent in a population within a geographic area."
- COVID-19 is still active around the world and in our community
- Individual Responsibility
 - Hold yourselves and each other accountable and be responsible when going in public, work and school.
- Protect yourselves with provided guidelines
 - Continue to Mask up, Social Distance, and Sanitize
 - Get your vaccinations and boosters
 - STAYING HOME WHEN SICK

Community members are always encouraged to get vaccinated. More information about the COVID-19 vaccination and boosters available, contact the Peach Springs Health Center at 1-(928)-769-2900. Any inquiries about Hualapai Response, contact (928)-769-0001 or 0002

Stay vigilant, stay alert and stay safe.

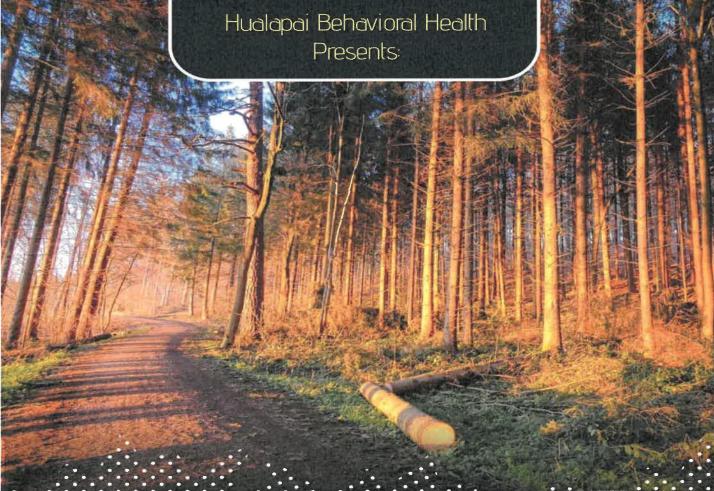
Updates and information available on the Hualapai Tribe's Website @ hualapai-nsn.gov or Facebook @Hualapai Tribal Response



PEACH SPRINGS COMMUNITY SUPPORT MEETING

Every community has issues that affect the lives of every member. This group will focus on finding solutions to these issues.

> MEETINGS WILL BE HELD EVERY MONDAY FROM 5PM-6:45PM. CONTACT BOB AT 702-378-0491



AA Meeting **@HEW**

Begins March 29, 2022

Meetings are every Tues @ 5:30 pm

Please come and be a part of this 12 step meeting. It will be culturally focused, but will maintain the AA step and traditons.

Peach Springs Health Center • Small Ways to Care for Yourself
Submitted by: Rebecca Rice | Peach Springs Health Center

Care for yourself one small way each day



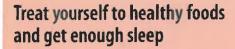
Take breaks to relax and unwind through yoga, music, gardening, or new hobbies

Find new ways to safely connect with family and friends, get support, and share feelings





Take care of your body and get moving to lessen fatigue, anxiety, or sadness







Substance Abuse and Mental Health Services Administration Disaster Distress Hotline: call or text 1-800-985-5990

cdc.gov/coronavirus

Alcohol Use and Your Health

Accessible version: https://www.cdc.gov/alcohol/fact-sheets/alcohol-use.htm

Drinking too much can harm your health. Excessive alcohol use leads to more than 95,000 deaths in the United States each year, shortening the lives of those who died by an average of 29 years. The economic costs of excessive alcohol consumption in 2010 were estimated at \$249 billion, or \$2.05 a drink.

What is considered a "drink"?









US Standard Drink Sizes

iquor 12% ABV wine

1.5 ounces

40% (80 proof) ABV distilled spirits

(examples: gin, rum, vodka, whiskey)

ABV = Alcohol by Volume

Excessive alcohol use includes:



Binge Drinking

For women, 4 or more drinks consumed on an occasion



For men, 5 or more drinks consumed on an occasion



Heavy Drinking

For women, 8 or more drinks per week



For men, 15 or more drinks per week



Any alcohol use by pregnant women





Any alcohol use by people younger than 21



If you choose to drink, do so in moderation.

DON'T DRINK AT ALL if you are younger than 21, or if you are or may be pregnant, or if you have health problems that could be made worse by drinking.

FOR WOMEN, 1 drink or less in a day



FOR MEN, 2 drinks or less in a day



Or nondrinking

People who don't drink alcohol SHOULD NOT START for any reason. DRINKING LESS is better for health than drinking more.



Centers for Disease Control and Prevention National Center for Chronic Disease Prevention and Health Promotion Issue #07 Page 39

Excessive alcohol use has immediate effects that increase the risk of many harmful health conditions. These are most often the result of binge drinking. Over time, excessive alcohol use can lead to the development of chronic diseases and other serious problems.

Short-term health risks

Injuries

- Motor vehicle crashes
- Falls
- Drownings
- Burns

Violence

- Homicide
- Suicide
- Sexual assault
- Intimate partner violence

Alcohol poisoning Reproductive health

- Risky sexual behaviors
- Unintended pregnancy
- Sexually transmitted diseases, including HIV
- Miscarriage
- Stillbirth
- Fetal alcohol spectrum disorders





Cancers

- Breast
- Mouth and throat
- Liver
- · Colon and rectum
- Esophagus
- Voice box

Learning and memory problems

- Dementia
- Poor school performance

Mental health

- Depression
- Anxiety

Social problems

- Family problems
- Job-related problems
- Unemployment

Alcohol use disorders

99 Coping Skills

- 1. Exercise
- 2. Put on fake tattoos
- 3. Write (poetry, stories, journal)
- 4. Scribble/doodle on paper
- 5. Be with other people
- 6. Watch a favorite TV show
- 7. Hydrate
- 8. Go see a movie
- 9. Do a word-search or crossword
- 10. Do schoolwork
- 11. Play a musical instrument
- Paint your nails, do your make-up or hair
- 13. Sing
- 14. Study the sky
- 15. Punch a pillow
- Cover yourself with Band-Aids where you want to cut
- 17. Let yourself cry
- 18. Take a nap (only if you are tired)
- 19. Take a hot shower or relaxing both
- 20. Play with a pet
- 21. Go shopping
- 22. Clean something
- 23. Knit or sew
- 24. Read a good book
- 25. Listen to music
- 26. Try some aromatherapy (candle, lotion, room spray)
- 27. Meditate
- 28. Go somewhere very public
- 29. Bake cookies
- 30. Create a vision board
- 31. Paint or draw
- 32. Rip paper into itty bitty pieces
- 33. Shoot hoops, kick a ball
- 34. Write a letter or send an email
- Plan your dream room (colors/furniture)
- 36. Hug a pillow or stuffed animal
- Hyper-focus on something like a rock, hand, etc.

- 38. Dance
- Make hot chocolate, a milkshake or a smoothie
- Play with modeling clay or Play-Doh
- 41. Build a pillow fort
- 42. Go for a nice long drive
- 43. Complete something you've been putting off
- 44. Draw on yourself with a marker
- 45. Take up a new hobby
- 46. Look up recipes, cook a meal
- 47. Go outside for 15 minutes
- 48. Create or build something
- 49. Pray
- 50. Make a list of blessings in your life
- 51. Read the Bible
- 52. Go to a friend's house
- 53. Jump on a trampoline
- 54. Watch an old, happy movie
- 55. Contact a hotline/your therapist If you want, you can call us 1-800-448-3000
- 56. Talk to someone close to you
- 57. Ride a bicycle
- 58. Feed the ducks, birds or squirrels
- 59. Color
- 60. Memorize a poem, play or song
- 61. Stretch
- Search for ridiculous things on the internet
- 63. "Shop" online (without buying anything)
- 64. Color coordinate your wardrobe
- 65. Watch fish
- 66. Make a playlist of your favorite songs
- Play the "15 Minute Game" (Avoid something for 15 minutes, when time is up start again)
- 68. Plan your wedding/prom/other event

- 69. Plant some seeds
- Hunt for your perfect home or car online
- 71. Try to make as many words out of your full name as possible
- 72. Sort through/edit your pictures
- 73. Play with a balloon
- 74. Give yourself a facial
- 75. Play with a favorite childhood toy
- 76. Start collecting something
- 77. Play a video/computer game
- 78. Clean up trash at your local park
- 79. Look at yourlifeyourvoice.org
- 80. Text or call a friend
- 81. Write yourself an "I love you because..." letter
- 82. Look up new words and use them
- 83. Rearrange furniture
- 84. Write a letter to someone that you may never send
- 85. Smile at five people
- Play with your little brother/sister/niece/nephew
- Go for a walk (with or without a friend)
- 88. Put a puzzle together
- 89. Clean your room/closet
- Try to do handstands, cartwheels or backbends
- 91. Yoga
- 92. Teach your pet a new trick
- 93. Learn a new language
- 94. Move EVERYTHING in your room to a new spot
- 95. Get together with friends to play frisbee, soccer or basketball
- 96. Hug a friend or family member
- 97. Search online for new songs/artists
- 98. Make a list of goals for the week/month/year/5 years
- 99. Perform a random act of kindness

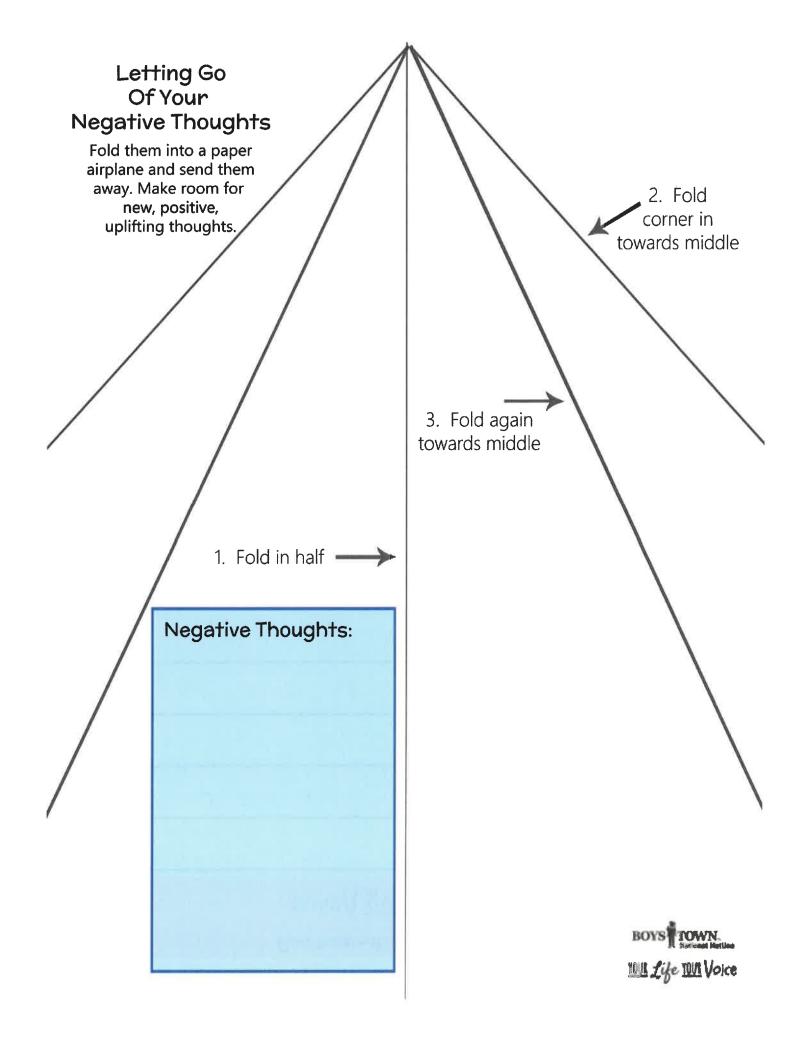
YOUR Life YOUR Voice www.yourlifeyourvoice.org

Coping Slips

Write each of your coping skills down on a slip of paper and then throw them all in a hat (or jar, a box, etc.) When you're feeling bad, reach in, grab a coping skill, and rely on destiny. This can help when you're feeling really overwhelmed and aren't sure what to try next.

Journal	
Look at the Tips and Tools on www.yourlifeyourvoice.org	
Watch TV	
Talk to a friend	
Scribble	
Call Boys Town Hotline 24/7/365 1-800-448-3000	
Take a hot shower	
Pray	
Clean my room	
Try the free My Life My Voice App	
Take a walk	
Text VOICE to 20121	

YOUR Life YOUR Voice www.yourlifeyourvoice.org



Peach Springs Health Center • Friday, April 22nd is Earth Day Submitted by: Rebecca Rice | Peach Springs Health Center



to make our planet a better place to live. Here are some things you can do

plenting a garden to attract gardens provide habitats to butterflies and birds. These replace those taken away Talk to people at home or to your teacher about



or gather critters

for pets

pick wildflowers

tats of plants and

enimak. Do not

things you can do Here are some

to help plants and wildlife.

Do not disturb the natural habi-

energy. Another is to consume food items carbon footprint. One way is to use less There are many ways to reduce you that require less energy during

adults in your home about standard bulbs, Plus, they percent less energy than choosing CFIs instead of Compact Fluorescent ights, or CFLs, use 75 last borger. Talk with standard bulbs.

rom radiators, so heat goes into a room and is not absorbed by Help move furniture away the furniture.

O Homes should 00 89

Ask edults to keep boiling in winter. summer and not be kept freezing in

the indoor temperature at 15F in

plant a vegetable garden. Talk with choosing food that is groun locally To cut down on pollution linked adults who buy your food about to shipping and packaging food summer and 65'F in winter. (within 100 miles of home).

Processed foods, which baked potatoes instead of fresh food reduces your carbon foetprint. Whencarbon footprint. Eating packaged carry a big are frozen, canned, or ever possible, choose

potato chips. Eat an apple instead of applesance.



Year Abds Discover Conservation Infotoor: Michael Kim (dogloose.com)

that can threaten fish and Pet waste has bacteria wildlife. Clean up after your dog so its waste cen't drain into lakes. during a rainstorm. rivers, and streams

O Use both sides of every Duy and use things that scrap paper for recycling sheet of paper. Save Fix something that's broken instead of throusing When you buy & away.

packaging something carry & home without a bag or take you S Avoid using throwourn bag to the store.

throwing them out

things instead of ense

rbage you make

Refill empty bottles of water instead of buying away forks and cups.

new ones.

Duy goods that require Reuse empty Jars as holders for things like less wrapping and are made to last.

pencits and pent.

other electronic equipment to a

Take old cell phones and

recycle paper, glass, aluminum

cans, and plastic.

Separate trash so you can

clippings, use them to make

compost, which turns into

new soil.

out food watte and grass Instead of Unowing

Recycling center.

GOOD JOB! You tossed that plastic bottle into the recycling bin rather than straight into the trash. But do you know what will happen to that bottle now?



COLLECTION

Bottles and other recyclable materials are picked up from homes, schools, and businesses and taken to a recycling facility.

SORTING

Bottles and containers are sorted based on what they're made of and sometimes what color they are. The items then go through a machine that shreds them.

NEXT **APPLICATIONS**

The flakes can be spun into a very fine, threadlike material in a process similar to how cotton candy is made. Companies use those "threads" to make a wide variety of items, including carpets, clothing, or filling for jackets and quilts. Depending on the type of plastic, they can also be made into new (well, sort of new!) plastic bottles.

pounds single day

Amount of trash the average person produces in a



Percentage of trash that's recycled

WELCOME

The melted plastic is processed into flakes, which can be made into a wide variety of plastic products.

The shreds are washed to remove any impurities, pieces of labels or leftover contents. They are then dried and melted.

SOURCES: + http://www.epa.gov/ + http://earth911.com/



FACT OR FICTION?

National Nutrition Month 2022 Quiz

Circle the correct answer.

Ci	rcle the correct answer.			
1.	Most Americans consume more than enough calcium, potassium, vitamin D and dietary fiber.	FACT	OR	FICTION?
2.	Only people with medical conditions, such as diabetes or high blood pressure, need to limit their intake of added sugars and salt.	FACT	OR	FICTION?
3.	It's a good idea to wash all fruits and vegetables, even ones with peels that may not be eaten.	FACT	OR	FICTION?
4.	Drinking milk is the only way to meet the daily recommendation of three cups from the Dairy Group.	FACT	OR	FICTION?
5.	A vegetarian diet can provide adequate protein for athletes.	FACT	OR	FICTION?
6.	All carbohydrate foods, also known as "carbs", are the same and provide no nutritional value.	FACT	OR	FICTION?
7.	Using MyPlate as a guide, half the plate should include fruits and vegetables.	FACT	OR	FICTION?
8.	All vegetables offer the same types and amounts of vitamins and minerals.	FACT	OR	FICTION?
9.	Only foods that taste salty are high in sodium.	FACT	OR	FICTION?
10.	A registered dietitian nutritionist can help you develop a healthy eating plan that is as unique as you are.	FACT	OR	FICTION?

Nutrition Sudoku

You may have seen Sudoku with numbers, but here's one featuring fruits and vegetables. Each horizontal row, vertical column and 3x3 box must contain all nine food words. The words begin with letters J through R to make it easier for you to check that all nine have been placed in each row, column and 3x3 box.

	Nopales	Mango			Peas	Leek	Kiwi	
Radish		Okra			Nopales		Peas	Mango
		Leek			Radish	Mango		
Peas		Kiwi	Okra		Quince	Nopales		Radish
Nopales								Quince
				Peas			Quince	Leek
	Leek					Radish		
	Peas		Radish					Jicama

Watermelon

Zucchini

Yogurt

Vinegar

ear Academy of Nutrition right. and Dietetics

National Nutrition Month 2022 Word Searcl

Words may be horizontal, vertical, diagonal, or backwards.

Acorn Squash

Buttermilk

Catfish

Dates

Eggplant

Jalapeno

Kimchi

Hominy

Garlic

NATIONAL NUTRITION MONTH® 2022

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Navy Beans

Milet

Poultry

Olive

Rambutan

Seeds

Teff

Quinos

COMMUNITY MESSAGES

Memorial Award for Joel J. Querta
Submitted by: Helen J. Watahomigie | Hualapai Tribal Member

Memorial Award for Joel J. Querta

We had the pleasure of attending the Southwest Indian Agricultural Association 34th Annual Conference Banquet Dinner on Wednesday, March 23, 2022 at the Wild Horse Pass Hotel & Casino in Chandler, AZ.

The Southwest Indian Agricultural Association presented a memorial award to Mr. Joel J. Querta, a longtime friend and past fellow member of SWI-AA, Inc. and for his invaluable service and dedication to the organization, which will be greatly missed.

We were honored to be there and accept the award. Although, you have been gone for one year and nine months, your legacy still lives on and we miss you dearly.

His longtime friend from Kingman, Mr. Jim Covarrubias joined us and was so generous in doing a painting of Joel and also had posters to hand out to the association. He also wrote the following poem for Joel; which reflects the painting he did.

JOEL QUERTA, American Hero Spirit of the Grand Canyon

As the sun sets, hawks float up out of the Grand Canyon, after daily hunting they are bathed in red and golds. Spirits too float up from my memories of fellow Veterans, friends, family and those who passed from this tribe, the Hualapai's.

Joel stands with me; a hero, a legend, a Marine Combat Veteran and a friends who dances and laughs at the hawks gliding over us.

"Remember them, he says softly, tears in his eyes' Delano, Wendell, "Chris the Cat", the Nish's, Heber and Michael.

With all of them, we sure had a good time, he pauses and looks at me and starts laughing... a damn good time!"



WE LEVE OUR VOLUNTEERS

The Peach



Proudly Announces and Congratulates
February 2022 Volunteers of the Month:

Duane Clarke





None other than yours truly, Chris Kelly on the Radio, live and local in the PSA! Of course we've got mucho Kelly Clappers for Duane! Join him on KWLP for his selection of Movin' Memories, every Monday 4 to 6 pm. He also shares the best of today's Native musicians every Friday at noon during Native Star Nation, brought to you by ProVizion. You may eath him co-hosting Native Noon Hour with Wanda J. lending his voice for a variety of advertisements and show promosat noon! Tune in to be entertained! Don't miss his posts on The KWLP "The Peach" Facebook page either. Follow the fun! Duane will receive incentives valued at over \$100.00 for being Volunteers of the Month and be eligible to be Volunteer of the Year!













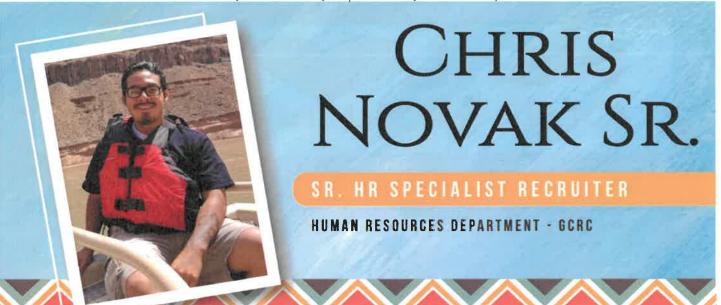


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Grand Canyon Resort Corporation • Employee Recognition

GAMYU

Submitted by: Kristen Wakayuta | Grand Canyon Resort Corporation



Greetings,

My name is Christopher Novak Sr., and I am a Hualapai tribal member born and raised in Kingman, AZ. I have two daughters and a son who I am proud to be a father to. My fiancé and I recently moved to Peach Springs, AZ to be closer to school (for our kids) and work. I am family oriented and love pizza!

My tenure with the Grand Canyon Resort Corporation started in 2012 with the Food and Beverage Department. My most recent positions have been in the Hualapai Leadership Program, the Assistant Manager for Diamond Creek Restaurant, and the Senior HR Specialist-Recruiter for our Human Resources Department. I have successfully undergone the internship equipping me with a huge understanding of our internal operations. In addition, I also received a Business and Entrepreneurship AAS degree from Mohave Community College by successfully completing the HLP cohort.

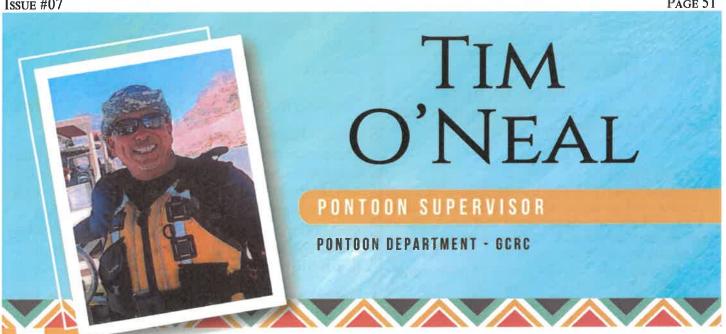
I have a lot of admiration towards our frontline employees who manage the day-to-day operations in all our departments. I salute all of you because we would not be where we are today without YOU. While this recognition is meant for me, I take my hat off to them and appreciate their hard work.

If there is one thing I can give as feedback to our workforce and community it is this, continue to work hard for the things you want. Whether that is educating yourself, learning new things, or creating personal development for yourself the investment is worth it. I have invested years of personal development and will be receiving my Bachelor of Science in Business Administration by the end of 2022. My goal is to take the education and work experience to help build a brighter future for our corporation and generations to come.

In closing, I hope that I can continue to serve our community/workforce as a positive role model and future leader. Working for the Grand Canyon Resort Corporation has helped me achieve my goals by providing me opportunities for growth. Without these opportunities I would not be where I am today in life, and I am forever grateful for that.



SSUE #07 PAGE 51



My name is Tim O'Neal. I was born and raised in San Diego, California. I moved to Kingman in the summer of 2015 to be with my parents, brother and sister. I was hired on with Grand Canyon West in October of 2015 as a Pontoon Supervisor and worked 2.5 years in that position before becoming a River Guide. I would like to thank Augustine Butler and Carl Watahomigie for teaching me the importance of the Grand Canyon and Colorado River to the Native American people of Arizona. The training I have received at Pontoon has been rewarding and helped me grow as a person. The Pontoon Department is looking forward to the summer months and the return to normal tourism.



GAMYU

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Inspirational & Encouragement Corner Submitted by: Josie Powsey, Hualapai Tribal Elder

REMINDER:

Revival: April 6 – 10, 2022

Come and hear the good news of Jesus Christ!! Speakers: Francis Enick and Bronson Taylor

Prayer

Heavenly Father

We praise and thank you for the gifts of life and this new week to come. Help us to disconnect from all the failures we encountered last week, so we may connect ourselves to the new good things you are about to do for us. Grant us your "grace" so that we may walk through this week with a positive and optimistic mind believing that you're with us. Bless our plans and our handiwork with success and faithfulness. May we be protected.

Hualapai Animal Control Number Change Submitted by: Adeline Crozier | Hualapai Tribal Admin



The work cell that's been listed for direct contact for Animal Control is no longer available. I apologize if you've been trying to call that number in the last week. If you have animal traffic or inquiries re-

garding vaccinations, animal pick ups or other information -

Please call our dispatch office at 928-769-2220; they will relay information to the on duty officer and contact will be made with you.

Thank you for your understanding in this matter.

Respect, Love & Strength (Teachings) Submitted by: Mario Zephier

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10

Respect, Love & Strength: Walking the Red Road to Recovery – Together

Step 2: Hope in Faith:

We came to believe that a power greater than ourselves could restore us to sanity. Step 2 is often referred to as "the hope step". In coming to believe that a power greater than ourselves can restore us to sanity, we will remember what it was like to live sanely and have the faith to hope that sanity can return.

Faith is the confidence that what we hope for will actually happen; it gives us assurance about things we cannot see (Hebrew 11:1). How can we be confident that something we want is going to happen, especially if all of our hopes have been dashed? How can we risk believing that the life we hope for is waiting for us around the bend.

The Bible tells us that the key is in the nature of the Higher Power we look to. We are told that "anvone who wants to come to Him must believe that God exists and that He rewards those who sincerely seek Him." (Hebrews 11:6) If we see God as the one who is reaching out to help us, we will be more eager to look for him. If our faith has not matured to that point yet, we can ask for help.

One man came to Jesus asking him to help his young son who was afflicted by a demon. He said to Jesus, "Have mercy on us and help us if you can. "What do you mean, if I can?" Jesus asked. "Anything is possible, if a person believe but help me overcome my unbelief." (Mark 9:22 -24) We can start by asking God to help us have more faith, then we can ask Him for the courage to hope for a better future.

Ahhh-hey! Sisters and brothers who are on this walk with me to recovery. This is your brother Red Hawk and Step 2 from "The Life Recovery Bible". Remember, you are not alone, only together can we walk well upon this Road to Recovery.

A-Ho, Red Hawk Zephier

AMI Talking Circle Weekly Lesson #37

Hiteto, (Hello in Shawnee language)

First is to check my mood and attitude and get them going in a good direction. Next is to get dressed, etc. and say my morning prayer of thanks for giving me another day to help others. What is my plan for today?

This past year has been like no other we have faced before, but so far and somehow, we have made it through it. We need not spend too much time looking back over the past year as it is gone and now, we need to be looking forward into our next year. We should take some time and review our past year and consider the worst and best parts of the year. Remember to examine both sides of the little flat rock in your pocket to maintain balance in our thinking and evaluations. We must acknowledge both the worst and best parts of our subjects to stay balanced.

Knowledge and experiences help us to acquire wisdom. Our spirit grows as our understanding grows. We are not smart enough to know how smart we are. We know our spirit, but we do not know who we are in the eyes of others. None of us should be defined by the worst thing we have done, or the best thing we have done. We should be defined as the whole person we are. Believe we are a good person and we become that.

This year is going to be a new world for all of us to walk through. There is going to be a lot of new changes and the Creator and Spirit World likes helping us through changes. They like it when we are doing something. They are project orientated as we are too. I speak about planning often as you know. It is the key that unlocks the doorway to adventures of many kinds. Action is the adventure. Use our wisdom to pick out good projects and make good plans and the process will make us wiser and happy with ourselves. Be optimistic and think outside the box sometimes to broaden our options and discover new territory. Stay to the middle of your Red Road in new territory and go slow and be observant.

Our mood is what we make it out to be, same with attitude. We need to check these things about ourselves frequently. They both have a tremendous effect on how our life moves along on our Red Road. Some say they have everything to do with what kind of life we live. Think about it and we know it is true. This brings us back to ourselves and what kind of a person am I, and what kind of person do I want to be. The Creator left that choice up to us.

Questions:

- 1. What is your plan for today?
- 2. What was the worst part of your year?
- 3. What was the best part of your year?
- 4. Why do you check your mood and attitude?

Stay safe, morning prayer, wash hands, say something funny, smile, and look for the good in all things.

Respectfully,	Games Gam	yu: Rod Han.	I here pr	ssing on
Michael Hermann, Shawhi NASL at SCC	the lesson	no from ow	2 Elder 9	The who
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Red Road to Recovery • Sharing Lessons with the Community

Submitted by: Mario Zephier

Elder's Meditation of the Day - December 25 "When you see a new trail, or a footprint that you do not know, follow it to the point of knowing." --Grandmother of Charles Eastman, SANTEE SIOUX

We never gain new knowledge or new experience unless we are willing to take risks. It's good to be curious. Also, it pays to be cautious. Walk in balance. The path of the Warrior is filled with opportunities to seek new knowledge. As we travel down the Red Road, we will run into trails of opportunity. Down each of these trails are experiences from which we will learn. Experience plus action is the beginning of knowledge."

Great Spirit, help me to make good choices in choosing only the trails you would have me take.

Elder's Meditation of the Day - March 26 "In our modern world today, we may seem like drowning men because of the loss of much of our spiritual tradition." -- Thomas Yellowtail, CROW

Our spiritual tradition shows us the way to live in harmony, balance and respect. The tradition taught us how to behave and how to conduct ourselves. The spiritual way taught us to pray and to purify ourselves. Handed down from generation to generation were the teachings about a way of life. Our relationship to Mother Earth and to each other was very clear. The Modern World does not relate to spirituality but to materialism. If we do not allow spirituality to guide our lives, we will be lost, unhappy and without direction. We are spiritual beings trying to be human, not human beings trying to be spiritual. It is said, Know thyself.

Grandfather, lead me to spirituality.

The meditations are copyright of Coyhis Publishing and can also be found in the book, Meditations with Native American Elders: The Four Seasons

............

"Giving Thanks"

Great Spirit, Creator of all that we see. hear, smell, taste, and all that we touch.

Provider of all our needs.

Keeper of the West, Home of the Thunder People, place where Grandfather Sun sleeps at night.

Keeper of the North, Home of the Great White Giant, from where fresh breezes blow.

Keeper of the East, Land of the Rising Sun, Home of the Big Red Mountain.

Keeper of the South, Land that we always face, from where the Growing Warmth comes.

I pray to the Stone Peoples, the Green Peoples, the Winged Peoples.

I pray to the Four-legged Peoples, the Swimming Peoples, the Crawling Peoples, and to the Star Peoples.

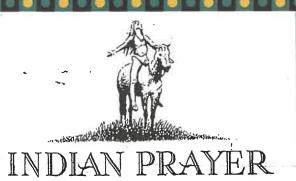
I pray to ALL who give us food, clothing, medicine, dwellings, and designs.

To the Ancestors of All the Peoples, I pray for their Help in Keeping Us in Balance and Teaching us the ways of the Creator and Mother Earth.

To the Star Peoples, Grandfather Sun, Grandmother Moon I give thanks for their lighting our way in times of darkness.

To All these peoples, I give thanks for all the Gifts and Help I get in My Life Each and Every Day.

For All these reasons and for LIFE itself, I GIVE MY THANKS!



REAT SPIRIT— THE GRANT THAT I MAY NOT CRITICISE MY NEIGHBOR UNTIL I HAVE WALKED A MILE IN HIS MOCCASINS.



Native American Code of Ethics

- 1. Rise with the sun to pray. Pray alone, Pray often. Grandfather will listen, if you will only speak.
- Be tolerant of those who are lost on their path. Ignorance, conceit, anger, jealousy, and greed stem from a lost soul. Pray that they will find guidance.
- 3. Search for yourself. Do not allow others to make your path for you. It is your road, and yours alone. Others may walk it with you, but no one can walk it for you.
- 4. Treat the guests in your home with much consideration. Serve them the best food, give them the best bed, and treat them with respect and honor.
- 5. Do not take what is not yours, whether from a person, a community, the wilder-

- ness, or from a culture. It was not earned nor given. It is not yours.
- Respect all things that are placed upon this earth – whether it be people or plant.
- 7. Honor other people's thoughts, wishes, and words. Never interrupt another.
- 8. All persons make mistakes. All mistakes can be forgiven.
- 9. Bad thoughts cause illness of the mind, body and spirit. Practice optimism.
- 10. Nature is not FOR us, it is a PART of us. It is a part of your worldly family.
- 11.Children are the seeds of our future.
 Plant love in their hearts and water
 them with wisdom and life's lessons.
 When they are grown, give them space to
 grow.
- 12.Avoid hurting the hearts of others. The poison of your pain will return to you.
- 13.Be truthful at all times. Honesty is the test of one's will within the universe.
- 14. Keep yourself balanced. Your mental self, spiritual self, emotional self, and physical self all need to be strong, pure, and healthy. Work out the body to strengthen the mind. Grow rich in spirit to cure emotional ills.
- 15.Make conscious decisions as to who you will be and how you will react. Be responsible for your actions.
- 16.Respect the privacy and personal space of others. Do not touch the personal property of others especially sacred and religious objects. This is forbidden.
- 17.Be true to yourself first. You cannot nurture and help others if you cannot nurture and help yourself first.
- 18.Respect others religious beliefs. Do not force your beliefs on others.
- 19. Share your good fortune with others. Participate in charity.

Red Voices - AITI

The gathering of the elders from all nations. Power to forgive the unforgiveable.



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A Way of Walking

Each morning upon rising and each evening before sleeping, give thanks for the life within you and for all life and good things the Creator has given and for the opportunity to grow a little more each day.

A way of walking is to give respect, to show and feel honor/esteem for someone or something, to treat with difference and courtesy. Our ways are:

- * Treat every person, from the tiniest child to the oldest elder with respect at all times.
- * Touch nothing that belongs to someone else without permission (especially sacred objects).
- * Respect the privacy of every person, their space and quiet moments.
- * Treat the Earth Mother and her four kingdoms with respect as you would your own mother.
- * Listen with courtesy to what others say... listen with your heart.
- * Respect the wisdom of the people in * council. Once you give an idea to council, it no longer belongs to you, * it belongs to the people. This is true for all, no matter what position one may be honored with or duties you may be asked to perform.
- * Respect demands that you listen intently to the ideas of others indeed, you should freely support the ideas

- of others, even if those ideas are quite different from the ones you hold. "The clash of ideas brings forth the spark of truth."
- * Once the council has decided something in unity, respect demands that no one speak secretly against what has been decided. If the council has made an error, it will become apparent to everyone in its own time.
- * Always treat your guests with honor and consideration. Give of your best food, your best blankets, the best part of your house and the best service to your guests.
- * The hurt of one is the hurt of all; the honor of one is the honor of all.
- * Strive to observe moderation and balance in all things.
- * Know those things that lead to your well-being and those things that lead to your destruction. All we do leads to the well-being or destruction of the people.
- * All races are children of the Creator. They must be respected.
- * Listen and follow the guidance given to your heart. Know guidance will come in many forms... prayer, dreams, quiet solitude, words and deeds of elders and friends. Open yourself to listen.

In the ways of our ancestors, for the future of our people.

RESPECT FOR ELDERS

A Native American tradition holds that when a young person walks away after stopping and talking with respect to an Elder, the Elder says, "May you live as long and as good a life as I have and when you grow old may the young ones treat you with honor and respect."



Our heritage has always had a built in respect for Elders. Native American philosophy is based on all things moving in a circle. Any point in the circle is as important in the circle as any other point. Everything and everyone is connected. The Elders are the ones who teach us the ways of the ancient ones. They are the ones who have lived through many changes and see things through wiser eyes. They are the ones who can look back on the years and say, "After all is said and done, this is what is really important in life."

When we treat our elders with honor and respect, we teach the young ones how to treat us when we reach that stage in life.

SUE #07

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I've learned -

- I've learned that just because someone does not love you the way you want them to, does not mean they don't love you with all they have.
- I've learned that maturity has more to do with what types of experiences you have had and what you have learned from them and less to do with how many birthdays you have celebrated.
- I've learned that you should never tell a child their dreams are unlikely or outlandish. Few things are more humiliating, and what a tragedy it would be if they believed it.
- I've learned that your family will not always be there for you. It may seem funny, but people you aren't related to can take care of you and love you and teach you to trust people again. Families are not biological.
- I've learned that no matter how good a friend is, they are going to hurt you every once in a while and you must forgive them for that.
- I've learned that no matter how bad your heart is broken, the world does not stop for your grief.
- I've learned that our background and circumstances may have influenced who we are, but we are responsible for who we become.
- I've learned that just because two people argue, it does not mean they don't love each other.

 And just because they don't argue, it does not mean they do.
- I've learned that we do not have to change friends if we understand that friends change.
- I've learned that you should not be so eager to find out a secret. It could change your life forever.
- I've learned that you cannot make someone love you. All you can do is be someone who can be loved. The rest is up to them.
- I've learned that no matter how much I care, some people just don't care back.
- I've learned that it takes years to build up trust, and only seconds to destroy it.
- I've learned that it's not what you have in your life, but who you have in your life that counts.
- I've learned that you can do something in an instant that will give you heartache for life.
- I've learned that you should always leave loved ones with loving words. It may be the last time you see them.
- I've learned that regardless of how hot and steamy a relationship is at first, the passion fades and there had better be something else to take its place.
- I've learned that my best friends and I can do anything or nothing and have the best time.
- I've learned that true friendship continues to grow, even over the longest distance. Same goes for true love.

ALCOHOLICS ANONYMOUS / NARCOTICS ANONYMOUS / RED ROAD PROGRAM A TWELVE STEP COMPARISON

- 1. (A.A./N.A.): We admitted we were powerless over alcohol that our lives had become unmanageable.
 - (RED ROAD): We admitted we were powerless over alcohol that we had lost control of our lives.
- 2. (A.A./N.A.): Came to believe that a power greater than ourselves could restore us to sanity. (RED ROAD): We came to believe that a power greater than ourselves could help us gain control.
- 3. (A.A./N.A.): Made a decision to turn our will and our lives over to the care of God as we understood him.
 - (RED ROAD): We made a decision to ask for help from a Higher Power and to others who understand.
- 4. (A.A./N.A.): Made a searching and fearless moral inventory of ourselves.
 - (RED ROAD): We stopped and thought about our strengths and our weaknesses and thought about ourselves.
- 5. (A.A./N.A.): Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
 - (RED ROAD): We admitted to the Great Spirit, to ourselves, and to another person the things we thought were wrong with ourselves.
- 6. (A.A./N.A.): We're entirely ready to have God remove all these defects of character.
 - (RED ROAD): We were ready, with the help of the Great Spirit, to change.
- 7. (A.A./N.A.): Humbly ask Him to remove our shortcomings.
 - (RED ROAD): We humbly ask a Higher Power and our friends to help us change.
- 8. (A.A./N.A.): Made a list of all persons we had harmed, and became willing to make amends to them all.
 - (RED ROAD): We made a list of all the people we hurt by our drinking, and want to make up for these hurts.
- 9. (A.A./N.A.): Made direct amends to such people whenever possible, except when to do so would injure them or others.
 - (RED ROAD): We are making up to those people whenever we can, expect when to do so would hurt them more.
- 10. (A.A./N.A.): Continued to take personal inventory and when we were wrong promptly admitted it. (RED ROAD): We continue to think about our strengths and weaknesses and when we are wrong, we say so.
- 11.(A.A./N.A.): Sought through prayers and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
 - (RED ROAD): We pray and think about ourselves, praying only for strength to do what is right.
- 12.(A.A./N.A.): Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics, and practice these principles in our affairs.
 - (RED ROAD): We try to help other alcoholics and practice these principles in everything we do.

Submitted by: Rebecca Rice | Peach Springs Health Center



Don't Look Yeti These Are the Sudoku Answers:

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J Jicama

K Kiwi L Leek

M Mango

N Nopales O Okra

P Peas

Q Quince

R Radish



National Nutrition Month® 2022

Word Search solution:

Words may be horizontal, vertical, diagonal, or backwards.

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FACT OR FICTION?

ear Academy of Nutrition

National Nutrition Month 2022 Quiz

Answers

 Most Americans consume more than enough calcium, potassium, vitamin D and dietary fiber.

FICTION: The intake of foods that provide these important nutrients is less than what is recommended for most people in the United States. Including more fruits, vegetables, beans, dairy, and whole grains would help individuals get more of these nutrients that are needed for good health.

2. Only people with medical conditions, such as diabetes or high blood pressure, need to limit their intake of added sugars and salt.

FICTION: It is recommended that all Americans over the age of 2 limit sources of added sugars to less than 10 percent of their total calories, and children under 2 should avoid all sources of added sugars. For salt, also known as sodium, less than 2,300 milligrams per day is recommended and even less for children under the age of 14

3. It's a good idea to wash all fruits and vegetables, even ones with peels that may not be eaten.

TALT: All produce should be washed under running water even if the peel will not be eaten. This is because dirt and bacteria can be transferred from the peel to the inside of the fruit or vegetable as it is sliced or peeled. No soap should be used, but a produce brush is recommended when washing firmer produce, such as melons and potatoes.

 Drinking milk is the only way to meet the daily recommendation of three cups from the Dairy Group.

FICTION: Yogurt, cheese, buttermilk, and fortified say milk also count as a 1 cup-equivalent from this MyPlate food group.

5. A vegetarian diet can provide adequate protein for athletes.

FACT: A well-planned vegetarian eating style that includes adequate calories and a variety of foods can meet the protein needs of athletes. For personalized nutrition guidance, consult a registered dietitian nutritionist.

All carbohydrate foods, also known as "carbs", are the same and provide no nutritional value.

FICTIOIL: Carbohydrates are the body's main source of energy.

Many nutritious foods are sources of carbohydrate, including fruits, vegetables, and whole grains. These foods provide vitamins, minerals and dietary fiber, which can positively affect our health.

Using MyPlate as a guide, half the plate should include fruits and vegetables.

FACT: MyPlate represents a meal that includes fruits and vegetables on half of the plate and the other half is divided to include grains and a protein food. To complete the meal, a serving of dairy is recommended.

8. All vegetables offer the same types and amounts of vitamins and minerals.

FICTION: Eating a variety of vegetables throughout the week, including beans and peas, dark-green, red and orange, starchy and other vegetables will provide a variety of important nutrients like beta-carotene, vitarnin C, zinc, potassium, folate and Iron.

9. Only foods that taste salty are high in sodium.

HCTION: While some foods may taste salty, others may not, and this can also vary based on the individual. Most of the salt we consume comes from foods that are already prepared. Choose foods with lower amounts of sodium by comparing their histrition Facts Labels and look for descriptions such as "No Salt Added" or "Reduced Sodium" when shopping. Cooking at home allows you to control the amount of salt in your meals. When eating out, request sauces and condiments be served on the side or ask if lower sodium options are available.

 A registered dietitian nutritionist can help you develop a healthy eating plan that is as unique as you are.

FACT: When it comes to a healthy eating routine, one size does not fit all • everyone is unique. Nutrient needs vary based on our age, activity level, sex, health conditions and other factors.

Registered dietition nutritionists, also known as RDNs, can provide personalized nutrition advice to meet your goals.

